

Herb Name	Life Cycle	approx. Height/Width	Culture	Uses
<u>Basil</u> <i>Ocimum basilicum</i>	Annual	12 - 24" / 12"	Start seeds indoors in April, full sun, well-drained soil	Leaves: soups, stews, salads, sauces, eggs
<u>Cilantro</u> <i>Coriandrum sativum</i>	Annual	12 - 36" / 6 - 8"	Sow seeds directly, full sun, self sows	Leaves, stems, flowers: soups, stews, salads
<u>Chives</u> <i>Allium schoenoprasum</i>	Perennial	18" / 10 - 14"	Grow from seed or division, full sun, pt. shade	Leaves, flowers: soups, salads, butter, eggs
<u>Dill</u> <i>Anethum graveolens</i>	Annual	36 - 60" / 24"	Sow seed early spring, full sun, self sows	Leaves, flowers: butter, vinegars, soups, salad, fish
<u>Fennel</u> <i>Foeniculum vulgare</i>	Biennial	48 - 60" / 36"	Sow seed early spring full sun, self sows	Entire plant: garnishes, soups, breads, fish
<u>Lavender</u> <i>Lavandula angustifolia</i>	Perennial*	to 36" / 24"	Grow from seed, stem cuttings, full sun, dry soil	Leaves, flowers: bread, jelly, vinegars, sachets
<u>Lemon Balm</u> <i>Melissa officinalis</i>	Perennial	24 - 36" / 24"	Grow from seed, stem cuttings, division, full sun	Leaves: teas, soups, fish, poultry, stews, sachets
<u>Marjoram</u> <i>Majorana hortensis</i>	Perennial*	12" / 12 - 24"	Grow from seed, stem cuttings, division, full sun	Leaves: meats, salads, eggs, jelly, teas
<u>Oregano</u> <i>Origanum vulgare</i>	Perennial	12 - 24 " / 10 - 20"	Grow from seed, stem cuttings, division, full sun	Leaves: meat, poultry, tomato dishes, sauces
<u>Parsley</u> <i>Petroselinum crispum</i>	Biennial	6 - 18" / 8 - 16"	Sow seed early spring, soak first in warm water, full sun	Leaves: salads, stews, soups, sauces, garnish
<u>Rosemary</u> <i>Rosemarinus officinalis</i>	Perennial*	to 72" / 36 - 72"	Stem cuttings or division, over-winter indoors	Leaves: vinegar, teas, bread, vegetables, stew
<u>Sage</u> <i>Salvia officinalis</i>	Perennial	12 - 30" / 24"	Stem cuttings or division, seeds slow to germinate	Leaves: stews, eggs, stuffing, vegetables
<u>Spearmint</u> <i>Mentha spicata</i>	Perennial	12 - 24" / 12 - 24"	Cuttings, division, invasive rhizomes, full sun, pt. shade	Leaves: teas, sauces, jelly, vinegars, salads
<u>Tarragon</u> <i>Artemisia dracunculus</i>	Perennial	24 - 36" / 24"	Division or root cuttings, stem slow to root, full sun	Leaves: sauces, salads, soups, eggs, poultry
<u>Thyme</u> <i>Thymus vulgaris</i>	Perennial	12" / 12"	Start seeds indoors, full sun, well-drained soil	Leaves: teas, soups, rice, eggs, vegetables, bread

Annual = performs entire life cycle in 1 growing season

Perennial = persists for many growing seasons

Biennial = requires 2 years to complete life cycle

* Hardy in some areas of New England